# A Bound for the Pressure Integral in a Plasma Equilibrium 

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#### Abstract

An interpolation inequality for the total variation of the gradient of a composite function is derived by applying the coarea formula. A bound for the pressure integral is studied by establishing an a priori estimate for a solution of the Grad-Shafranov equation of plasma equilibrium. A weak formulation of the Grad-Shafranov equation is given to include singular current profiles.


KEY WORDS: Plasma equilibrium; Grad-Shafranov equation; interpolation inequality.

## 1. INTRODUCTION

A simple but essential question in the fusion plasma research is how large a plasma energy can be confined by a given magnitude of plasma current. ${ }^{(9,21-23)}$ In a magnetohydrodynamic equilibrium of a plasma, the thermal pressure force $\nabla p$ is balanced by the magnetic stress $\mathbf{j} \times \mathbf{B}$, where $\mathbf{B}$ is the magnetic flux density, $\mathbf{j}=\boldsymbol{\nabla} \times \mathbf{B} / \mu_{0}$ is the current density in the plasma, and $\mu_{0}=4 \pi \times 10^{-7}$ is the vacuum permeability. The plasma equilibrium equation $\nabla p=\mathbf{j} \times \mathbf{B}$ thus relates the pressure and the current. We want to estimate the maximum of the total pressure with respect to a fixed total current. Mathematically this problem reduces to an a priori estimate for the pressure integral with respect to a solution of the equilibrium equation with a given magnitude of current.

Here we assume a simple two-dimensional plasma equilibrium. Let $\Omega \subset \mathbf{R}^{2}$ be a bounded domain. We consider an infinitely long plasma column; $\Omega$ corresponds to the cross section of a column containing the

[^0]plasma. If there is no longitudinal magnetic field, the equilibrium equations are
\[

$$
\begin{align*}
-\Delta \Psi & =P^{\prime}(\psi) & & \text { in } \Omega,  \tag{1.1}\\
\psi & =c & & \text { on } \partial \Omega  \tag{1.2}\\
\int_{\Omega}(-\Delta \psi) d x & =\mu_{0} I, & & \tag{1.3}
\end{align*}
$$
\]

where $\psi$ is the flux function, $P=\mu_{0} p, P(t)$ is a nonnegative function from $\mathbf{R}$ to $\mathbf{R}, P^{\prime}=d P(t) / d t, I$ is a given positive constant, and $c$ is an unknown constant; see Section 3.1 for the derivation, and also see refs. $9,10,17$, and 21. We assume $P^{\prime} \geqslant 0$. Since $-\Delta \psi / \mu_{0}$ parallels the current density, $I$ represents the total plasma current. The total pressure in a unit length of the plasma column is given by integrating $p$ over $\Omega$. In this paper we study a bound for the (poloidal) beta ratio, ${ }^{(9,23)}$ which is defined by

$$
\begin{equation*}
\beta=\int_{\Omega} p d x /\left(I^{2} \mu_{0} / 8 \pi\right)=8 \pi \int_{\Omega} P(\psi) d x /\left(\int_{\Omega}(-\Delta \psi) d x\right)^{2} \tag{1.4}
\end{equation*}
$$

A crucial step is to establish an interpolation inequality to estimate the total variation of the gradient of $P(\psi)$ in $\Omega$. Our estimate reads

$$
\begin{equation*}
\int_{\Omega}|\nabla P(\psi(x))| d x \leqslant 2\left(P_{\max } \int_{\Omega}-\Delta \psi d x\right)^{1 / 2}\left(\int_{\Omega} P^{\prime}(\psi(x)) d x\right)^{1 / 2} \tag{1.5}
\end{equation*}
$$

provided that $-\Delta \psi \geqslant 0$ in $\Omega$ and $\psi=c$ on $\partial \Omega$, and that $P^{\prime} \geqslant 0$ with $P(c)=0$, where $c$ is a constant and $P_{\max }$ is the maximum of $P(\psi)$ over $\Omega$. We prove this estimate by using the coarea formula. ${ }^{(8,13)}$ Using the Hölder and isoperimetric inequalities, one obtains the estimate for $\beta$ :

$$
\begin{equation*}
\beta \leqslant 8 / \alpha \tag{1.6}
\end{equation*}
$$

where $\alpha=S^{*} / S_{0}, S_{0}$ is the area of the support of $P(\psi)$ in $\Omega$, and

$$
S^{*}=\int_{\Omega} P(\psi(x)) d x / P_{\max }
$$

We include the situation when $P$ is not continuous. In this case the meaning of the equation $-\Delta \psi=P^{\prime}(\psi)$ is not clear. We shall give a meaning for discontinuous $P$ and prove (1.6) for such a $P$. In Section 2 we prove (1.5) and extend it for discontinuous $P$. In Section 3 we briefly review the plasma equilibrium equations (1.1)-(1.3). Together with a mathematical formulation of the equations for discontinuous $P$, we derive a bound (1.6) for $\beta$.

Let us concisely survey related theories. For a given profile of $P(\psi)$, the equilibrium equations (1.1)-(1.3) are regarded as a nonlinear eigenvalue problem. A simple example is to take $P^{\prime}(\psi)=\lambda \psi^{+}$, where $\lambda \in \mathbf{R}$ and $\psi^{+}(x)=\max \{\psi(x), 0\}$. Then the boundary of the support of $\psi^{+}$is a free boundary. Analytic aspects of such a free boundary problem were extensively studied by many authors; see, e.g., refs. 1, 4, 11, 15, and 18-20 and references therein. In ref. 3 a more general problem including the effect of external control field is studied, while the relation of $P$ and $\psi$ is still given by $P^{\prime}(\psi)=\lambda \psi^{+}$. In ref. 2 an inverse problem determining $P^{\prime}$ of (1.1) is studied by measuring $\partial \psi / \partial n$ on $\partial \Omega$. Our a priori estimate (1.6) for $\beta$ as well as the interpolation inequality (1.5) seem to be new even for a smooth $P$.

In the physics literature, however, there have been many discussions on the limitation of $\beta$. A mostly simple configuration is a circular-crosssection $z$-pinch equilibrium (plasma column with only poloidal field; see Section 3.1), which was studied by Bennett to show $\beta=1$ for any (smooth) profile of $P(\psi)$; see Chapter 5 of ref. 9 and Remark 3.5. Studies on a toroidal equilibrium such as a tokamak (e.g., refs. 9 and 21) are of principal importance. The high-poloidal-beta regime of tokamak equilibria is attracting much interest because of many beneficial reasons for optimizing the fusion plasma confinement. A bound for the poloidal beta was estimated by using approximate equilibrium solutions ${ }^{(5,6,22,23)}$ and numerical calculations ${ }^{(7)}$; however, there is no rigorous conclusion. To study a toroidal plasma equilibrium, one should use a generalized toroidal version of the Grad-Shafranov equation ${ }^{(10,17)}$ instead of the simplified one (1.1), in order to include the toroidal curvature effect as well as the theta-pinch effect in addition to the $z$-pinch effect described by (1.1). Our assertion in Section 3.2 is restricted to straight $z$-pinches; however, the method of Section 2 may be useful for the analysis of the tokamak problem.

## 2. AN INTERPOLATION INEQUALITY

Our goal in this section is to estimate the total variation of $\nabla(P(\psi))$ (as a vector-valued measure), where $P$ is monotone and $-\Delta \psi \geqslant 0$. We first derive the estimate for smooth $\psi$.

Theorem 2.1. Let $\Omega$ be a bounded domain in $\mathbf{R}^{n}(n \geqslant 1)$ and $c$ be a constant. Suppose that $P \in C^{1}(\mathbf{R})$ with $P^{\prime} \geqslant 0$ and $P(c)=0$, and that $\psi \in C^{m}(\Omega) \cap C^{0}(\bar{\Omega})$ with

$$
\begin{align*}
-\Delta \psi \geqslant 0 & \text { in } \Omega \\
\psi=c & \text { on } \partial \Omega \tag{2.1}
\end{align*}
$$

where $m \geqslant 2$ and $m \geqslant n$. Let $P_{\max }$ denote

$$
\begin{equation*}
P_{\max }=\sup _{x \in \Omega} P(\psi(x)) \tag{2.2}
\end{equation*}
$$

Then
$\int_{\Omega}|\nabla P(\psi(x))| d x \leqslant 2\left(P_{\max } \int_{\Omega}(-\Delta \psi) d x\right)^{1 / 2}\left(\int_{\Omega} P^{\prime}(\psi(x)) d x\right)^{1 / 2}$
Proof. If $-\Delta \psi \equiv 0$, then $\psi=c$ on $\Omega$, so (2.3) holds with zero for both sides. If $P^{\prime}(\psi) \equiv 0$ on $\Omega$ or $P_{\max }=0$, then either $\psi \equiv c$ or $P \equiv 0$. Again (2.3) holds in this case, so we may assume that both integrals in the righthand side of (2.3) are nonzero. We may also assume that the $L^{1}$ norm of $-\Delta \psi$ is finite.

For $K>0$ denote the set of $x \in \Omega$ for which $|\nabla \psi(x)|>K$ by $D$. Let $E$ denote the complement of $D$ in $\Omega$. From the definition it follows that

$$
\begin{align*}
\int_{E}|\nabla P(\psi(x))| d x & =\int_{E} P^{\prime}(\psi)|\nabla \psi| d x \\
& \leqslant K \int_{E} P^{\prime}(\psi) d x \leqslant K \int_{\Omega} P^{\prime}(\psi) d x \tag{2.4}
\end{align*}
$$

since $P^{\prime} \geqslant 0$.
By applying the maximum principle to (2.1), we observe that $\psi \geqslant c$ on $\Omega$, so $0=P(c) \leqslant P(\psi) \leqslant P_{\max }$ on $\Omega$. Applying the coarea formula (see, e.g., refs. 8,13) yields
$\int_{D}|\nabla P(\psi)| d x=\int_{-\infty}^{+\infty} \mathscr{H}^{n-1}\left(S_{t}\right) P^{\prime}(t) d t=\int_{c}^{\psi_{\max }} \mathscr{H}^{n-1}\left(S_{t}\right) P^{\prime}(t) d t$
with

$$
S_{t}=D \cap L_{t}, \quad L_{t}=\{x \in \Omega ; \psi(x)=t\}, \quad \psi_{\max }=\sup _{x \in \Omega} \psi(x)
$$

where $\mathscr{H}^{n-1}$ denotes the $(n-1)$-dimensional Hausdorff measure. Since $|\nabla \psi|>K$ on $D$, it follows that

$$
\mathscr{H}^{n-1}\left(S_{t}\right)=\int_{S_{t}}|\nabla \psi| \cdot|\nabla \psi|^{-1} d \mathscr{H}^{n-1} \leqslant K^{-1} \int_{L_{t}}|\nabla \psi| d \mathscr{H}^{n-1}
$$

Since $\psi \in C^{n}(\Omega)$, Sard's theorem ${ }^{(12)}$ implies that $L_{t}$ is a $C^{n}$ submanifold in $\Omega$ for almost every $t$ (a.e. $t$ ). Note that $\psi>c$ in $\Omega$ and $\psi=c$ in $\Omega$ and $\psi=c$ on $\partial \Omega$. Thus for $U_{t}=\{x \in \Omega ; \psi(x)>t\}$ we observe $\bar{U}_{t} \subset \Omega$ for $t>c$. For
a.e. $t>c, L_{t}$ is a $C^{n}$ boundary of $U_{t}$. Since $L_{t}$ is a $t$-level set of $\psi$, $\mathbf{n}=\nabla \psi /|\nabla \psi|$ is a unit normal vector field. Applying Green's formula yields

$$
\int_{L_{i}}|\nabla \psi| d \mathscr{H}^{n-1}=\int_{L_{t}} \nabla \psi \cdot \mathbf{n} d \mathscr{H}^{n-1}=\int_{U_{t}}(-\Delta \psi) d x, \quad t>c
$$

From $-\Delta \psi \geqslant 0$ it now follows that

$$
\int_{L_{i}}|\nabla \psi| d \mathscr{H}^{n-1} \leqslant \int_{\Omega}(-\Delta \psi) d x
$$

Wrapping up these two estimates, we obtain

$$
\mathscr{H}^{n-1}\left(S_{t}\right) \leqslant K^{-1} \int_{\Omega}(-\Delta \psi) d x
$$

Applying this estimate to (2.5) yields

$$
\begin{equation*}
\int_{D}|\nabla P(\psi)| d x \leqslant K^{-1} P_{\max } \int_{\Omega}(-\Delta \psi) d x \tag{2.6}
\end{equation*}
$$

where $P_{\max }$ is defined in (2.2). Summing (2.4) and (2.6), we obtain

$$
\begin{equation*}
\int_{\Omega}|\nabla P(\psi)| d x \leqslant K \int_{\Omega} P^{\prime}(\psi) d x+K^{-1} P_{\max } \int_{\Omega}(-\Delta \psi) d x \tag{2.7}
\end{equation*}
$$

for arbitrary $K>0$. Taking

$$
K=\left[P_{\max } \int_{\Omega}(-\Delta \psi) d x / \int_{\Omega} P^{\prime}(\psi) d x\right]^{1 / 2}
$$

in (2.7) yields (2.3).
If $\psi$ is not $C^{2}$, one should interpret $-\Delta \psi \geqslant 0$ in the distribution sense. As is well known, ${ }^{(16)}$ a nonnegative distribution is a nonnegative Radon measure. Let $\mu$ be a finite Radon measure on a bounded domain $\Omega$ in $\mathbf{R}^{n}$. The unique solvability of the Dirichlet problem

$$
\begin{align*}
-\Delta \psi & =\mu & & \text { in } \Omega  \tag{2.8a}\\
\psi & =c & & \text { on } \partial \Omega(c \text { constant }) \tag{2.8b}
\end{align*}
$$

is now well known for a smooth boundary $\partial \Omega$. We solve this problem by using a result of Simader ${ }^{(14)}$ when the boundary is $C^{1}$. Let $W^{1, q}(\Omega)$ denote the $L^{q}$ Sobolev space of order one $(1<q<\infty)$. Let $W_{0}^{1, q}(\Omega)$ be the sub-
space $\left\{u \in W^{1, q}(\Omega) ; u=0\right.$ on $\left.\partial \Omega\right\}$. We denote by $W^{-1, q}(\Omega)$ the dual space of $W_{0}^{1, q^{\prime}}(\Omega)$ where $1 / q=1-1 / q^{\prime}$.

Lemma 2.2 (Theorem 4.6 of Simader ${ }^{(14)}$ ). Let $\Omega$ be a bounded domain with $C^{1}$ boundary in $\mathbf{R}^{n}$. Assume that $1<q<\infty$. For each $f \in W^{-1, q}(\Omega)$ there is a unique solution $\Phi \in W_{0}^{1, q}(\Omega)$ for $-\Delta \Phi=f$ in $\Omega$. Moreover, the mapping from $f$ to $\Phi$ is bounded linear from $W^{-1, q}(\Omega)$ to $W_{0}^{1, q}(\Omega)$, i.e.,

$$
\begin{equation*}
\|\Phi\|_{1, q} \leqslant C\|f\|_{-1, q} \tag{2.9}
\end{equation*}
$$

with a constant $C=C(\Omega, q, n)$.
Corollary 2.3. Let $\Omega$ be a bounded domain with $C^{1}$ boundary in $\mathbf{R}^{n}$. For a finite Radon measure $\mu$ on $\Omega$ there is a unique solution $\psi$ of (2.8a), (2.8b) such that $\psi \in W^{1, r}(\Omega)$ for $1<r<n /(n-1)$.

Proof. Observe that $r^{\prime}>n$ implies $W_{0}^{1, r^{\prime}}(\Omega) \subset C(\bar{\Omega})$ by the Sobolev inequality. This yields $\mu \in W^{-1, r}(\Omega)$ by a duality, where $1 / r=1-1 / r^{\prime}$. Applying Lemma 2.2 with $f=\mu$ obtains a unique solution $\psi$ by $\psi=\Phi+c$.

Theorem 2.4. Let $\Omega$ be a bounded domain with $C^{1}$ boundary in $\mathbf{R}^{n}$. Let $c$ be a constant. Suppose that $P \in C^{1}(\mathbf{R})$ with $P^{\prime} \geqslant 0$ and $P(c)=0$. Suppose that $\psi \in W^{1, r}(\Omega)$ for some $r$ such that $1<r<n /(n-1)$, and that $\psi$ satisfies

$$
\begin{aligned}
-\Delta \psi \geqslant 0 & \text { in } \Omega \text { (in the distribution sense) } \\
\psi=c & \text { on } \partial \Omega
\end{aligned}
$$

Let $\psi_{\text {max }}$ be the essential supremum of $\psi$ over $\Omega$. Assume that $P$ and $P^{\prime}$ are bounded on [ $c, \psi_{\text {max }}$ ). Then

$$
\begin{equation*}
\int_{\Omega}|\nabla P(\psi(x))| d x \leqslant 2\left(P_{\max }\|-\Delta \psi\|_{1}\right)^{1 / 2}\left(\int_{\Omega} P^{\prime}(\psi(x)) d x\right)^{1 / 2} \tag{2.10}
\end{equation*}
$$

where $P_{\max }=\sup \left\{P(\sigma) ; c \leqslant \sigma \leqslant \psi_{\max }\right\}$ and $\|\cdot\|_{1}$ denotes the total variation of a measure on $\Omega$.

Proof. We may assume that $\psi$ and $P$ are nonconstants and that $-\Delta \psi=\mu$ is a nonnegative finite Radon measure on $\Omega$. Modifying $P(\sigma)$ for $\sigma>\psi_{\max }$, we may assume $\bar{P}=\sup \{P(\sigma) ; \sigma \geqslant c\}$ is very close to $P_{\max }$, say $\bar{P} \leqslant P_{\text {max }}+\varepsilon, \varepsilon>0$.

We extend $\mu$ outside $\Omega$ by zero and define $\mu_{l}=\mu * \rho_{l}$, where $\rho_{l}$ is Friedrichs' mollifier such that $\rho_{l}$ tends to the delta function as $l \rightarrow \infty$.

Let $\psi_{l} \in W^{1, q}(\Omega)$ be the solution of (2.8a), (2.8b) with $\mu=\mu_{l}$. Since $\mu_{l}$ is bounded, Lemma 2.2 implies that $\psi_{l}-c \in W_{0}^{1, q}(\Omega)$ for all $q>1$. By the Sobolev inequality we see that $\psi_{i} \in C(\bar{\Omega})$. Since $\mu_{l}$ is smooth, the interior regularity of the Poisson equation implies that $\psi_{l} \in C^{\infty}(\Omega)$. Theorem 2.1 yields

$$
\begin{equation*}
\int_{\Omega}\left|\nabla P\left(\psi_{l}\right)\right| d x \leqslant 2\left(\bar{P} \int_{\Omega}\left(-\Delta \psi_{l}\right) d x\right)^{1 / 2}\left(\int_{\Omega} P^{\prime}\left(\psi_{l}\right) d x\right)^{1 / 2} \tag{2.11}
\end{equation*}
$$

Since $\mu \in W^{-1, r}(\Omega)$ is expressed as

$$
\mu=\sum_{j=1}^{n} \frac{\partial}{\partial x_{j}} f_{j}+g
$$

with some $f_{j}, g \in L^{r}(\Omega)$, we have $\mu_{l} \rightarrow \mu$ strongly in $W^{-1, r}(\Omega)$. The inequality (2.9) thus implies that $\psi_{l} \rightarrow \psi$ in $W^{1, r}(\Omega)$. We may assume $\psi_{l}(x) \rightarrow \psi(x)$ and $\nabla \psi_{l}(x) \rightarrow \nabla \psi(x)$ for a.e. $x$ by taking a subsequence if necessary. Applying the Lebesgue dominated convergence theorem yields

$$
\begin{aligned}
\int_{\Omega}\left|\nabla P\left(\psi_{l}\right)\right| d x & \rightarrow \int_{\Omega}|\nabla P(\psi)| d x \\
\int_{\Omega} P^{\prime}\left(\psi_{l}\right) d x & \rightarrow \int_{\Omega} P^{\prime}(\psi) d x
\end{aligned}
$$

since $P^{\prime}$ is bounded on $[c,+\infty)$. Clearly,

$$
\int_{\Omega}\left(-\Delta \psi_{l}\right) d x \rightarrow \int_{\Omega}(-\Delta \psi) d x=\|-\Delta \psi\|_{1}
$$

Letting $l \rightarrow \infty$ in (2.11) yields

$$
\int_{\Omega}|\nabla P(\psi(x))| d x \leqslant 2\left(\bar{P}\|-\Delta \psi\|_{1}\right)^{1 / 2}\left(\int_{\Omega} P^{\prime}(\psi(x)) d x\right)^{1 / 2}
$$

Since $\bar{P} \leqslant P_{\max }+\varepsilon$ and $\varepsilon>0$ can be chosen arbitrary, this leads to (2.10).

We next extend the inequality (2.10) when a nondecreasing function $P$ is not necessarily continuous. Let us give an interpretation of each integral appearing in (2.10). Instead of the integral $\int_{\Omega} P^{\prime}(\psi) d x$, we consider

$$
\left[P^{\prime}(\psi)\right]=\inf \varliminf_{l \rightarrow \infty} \int_{\Omega} P_{l}^{\prime}(\psi) d x
$$

Here the infimum is taken over all sequences $P_{l} \in C^{1}(\mathbf{R})$ with $P_{l}^{\prime} \geqslant 0$ such that $P_{l}(\psi) \rightarrow P(\psi)$ in $L^{s}(\Omega)$ for some $1 \leqslant s<\infty$ as $l \rightarrow \infty$ and that $\left(P_{l}\right)_{\max } \rightarrow \operatorname{ess}_{\sup }^{\Omega}$ $P(\psi)$. We say $\left\{P_{l}\right\}$ is an admissible approximation of $P$ if these properties hold. If $P$ is itself $C^{1}$ and satisfies the assumptions in Theorem 2.4, $P$ itself is an admissible approximation, so for such a $P$ we have

$$
\left[P^{\prime}(\psi)\right] \leqslant \int_{\Omega} P^{\prime}(\psi) d x
$$

Since $\int_{\Omega}|\nabla P(\psi)| d x$ is the total variation of $\nabla P(\psi)$ on $\Omega$, i.e.,

$$
\begin{aligned}
\|\nabla P(\psi)\|_{1} & =\int_{\Omega}|\nabla P(\psi(x))| d x \\
& :=\sup \left\{\int_{\Omega} P(\psi(x)) \nabla \cdot \varphi(x) d x ; \varphi \in C_{0}^{1}(\Omega),|\varphi(x)| \leqslant 1 \text { on } \Omega\right\}
\end{aligned}
$$

it is easy to see that

$$
\|\dot{\nabla} P(\psi)\|_{1} \leqslant \underline{l \rightarrow \infty} \underset{l}{\lim } \int_{\Omega}\left|\nabla P_{l}(\psi)\right| d x
$$

for any admissible approximation $\left\{P_{i}\right\}$ of $P$ since sup $\underline{\lim } \leqslant \underline{\mathrm{lim}}$ sup. We have thus proved the following assertion.

Theorem 2.5. Assume the hypotheses of Theorem 2.4 concerning $c, \Omega$, and $\psi$. Let $P$ be a nondecreasing function on $\mathbf{R}$ with $P(c)=0$. Then

$$
\begin{equation*}
\|\nabla P(\psi)\|_{1} \leqslant 2\left(P_{\max }\|-\Delta \psi\|_{1}\right)^{1 / 2}\left[P^{\prime}(\psi)\right]^{1 / 2} \tag{2.12}
\end{equation*}
$$

provided that $P_{\max }=$ ess $\sup _{\Omega} P(\psi)$ is finite.
Remark. If $P(\sigma)=\sigma$, the inequality (2.10) is an interpolation inequality

$$
\|\nabla \psi\|_{1} \leqslant 2\left(P_{\max }\|-\Delta \psi\|_{1}\right)^{1 / 2}|\Omega|^{1 / 2}
$$

where $|\Omega|$ denotes the Lebesgue measure of $\Omega$.

## 3. APPLICATION TO PLASMA PHYSICS; ESTIMATE OF THE BETA RATIO

### 3.1. Background of the Problem

In this section, we describe an application of the interpolation inequality derived in Section 2. We study the upper bound of the plasma
pressure integral for a given magnitude of plasma current. We consider a plasma equilibrium where the pressure force $\nabla p$ is balanced by the magnetic force $\mathbf{j} \times \mathbf{B}=(\nabla \times \mathbf{B}) \times \mathbf{B} / \mu_{0}$. Let us briefly review the physical formulation of the plasma equilibrium equations (1.1)-(1.3).

When a plasma equilibrium has an ignorable coordinate, the equilibrium equation

$$
\begin{equation*}
(\nabla \times \mathbf{B}) \times \mathbf{B} / \mu_{0}=\nabla p \tag{3.1}
\end{equation*}
$$

reduces to a simple nonlinear equation, which is called the GradShafranov equation. ${ }^{(10,17)}$ In this paper, we assume an infinitely long plasma column with $\partial / \partial z=0$ in the Cartesian coordinates ( $x_{1}, x_{2}, z$ ). Moreover, we consider a simple $z$-pinch configuration, where the current density vector $\mathbf{j}$ has only the longitudinal $z$ component $j_{z}$ and $\mathbf{B}$ has only the transverse $x$ and $y$ components (poloidal field). Since $\mathbf{\nabla} \cdot \mathbf{B}=0$, we may write

$$
\begin{equation*}
\mathbf{B}=\nabla \psi \times \nabla z \tag{3.2}
\end{equation*}
$$

where $\psi=\psi\left(x_{1}, x_{2}\right)$ is the flux function. We obtain

$$
\begin{equation*}
\nabla \times \mathbf{B}=(-\Delta \psi) \nabla z=\mu_{0} j_{z} \nabla z \tag{3.3}
\end{equation*}
$$

Substituting (3.2) and (3.3) into (3.1), we observe that $\nabla \psi$ parallels $\nabla p$, so $p$ is constant on each level set of $\psi$, i.e., $p=p(\psi)$ formally. The equilibrium equation (3.1) now leads to a (nonlinear) elliptic partial differential equation for $\psi$,

$$
\begin{equation*}
-\Delta \psi=P^{\prime}(\psi) \quad \text { in } \Omega \tag{3.4}
\end{equation*}
$$

where $P=\mu_{0} p$ and $\nabla P=P^{\prime}(\psi) \nabla \psi$. We note that the pressure in an equilibrium state should satisfy the relation

$$
\begin{equation*}
p\left(x_{1}, x_{2}\right)=P\left(\psi\left(x_{1}, x_{2}\right)\right) / \mu_{0} \tag{3.5}
\end{equation*}
$$

Here, $P(\psi)(\geqslant 0)$ is an arbitrary function that satisfies the following conditions. First, we assume that $P(\psi)$ is a nondecreasing function, so that

$$
\begin{equation*}
P^{\prime}\left(\psi\left(x_{1}, x_{2}\right)\right) \geqslant 0 \quad \text { in } \Omega \tag{3.6}
\end{equation*}
$$

The support $\Omega_{P}$ of $P\left(\psi\left(x_{1}, x_{2}\right)\right)$ is the plasma region, which must be contained in $\Omega$. Therefore, we assume

$$
\begin{equation*}
P=0 \quad \text { on } \partial \Omega \tag{3.7}
\end{equation*}
$$

The boundary of $\Omega_{P}$ is the plasma free boundary. The boundary condition on $\psi$ is that the normal component of $\mathbf{B}$ vanishes on the boundary $\partial \Omega$, which reads, by (3.2),

$$
\begin{equation*}
\psi=c(=\mathrm{const}) \quad \text { on } \partial \Omega \tag{3.8}
\end{equation*}
$$

We restrict the total current $I$ (a positive constant); by (3.3) the current through the cross section $\Omega$ is given by

$$
\begin{equation*}
\int_{\Omega} j_{z} d x=\mu_{0}^{-1} \int_{\Omega}(-\Delta \psi) d x=I \tag{3.9}
\end{equation*}
$$

Our goal in this paper is to construct an a priori estimate with respect to the beta ratio for the solution to (3.4), (3.8), (3.9). For a currentcarrying plasma column, the (poloidal) beta ratio is defined by (1.4). Using the relations (3.5), (3.6), and (3.9), we obtain

$$
\begin{equation*}
\beta=8 \pi\|P(\psi)\|_{1} /\|-\Delta \psi\|_{1}^{2} \tag{3.10}
\end{equation*}
$$

### 3.2. Mathematical Formulation and Estimate of the Beta Ratio

We shall give a meaning to $-\Delta \psi=P^{\prime}(\psi)$ when a nondecreasing function $P$ is not continuous and $\psi$ is not smooth.

Definition 3.1. Suppose that $\psi \in W^{1, r}(\Omega)$ for some $r, 1<r<\infty$, and that $P$ is nondecreasing. We say $\psi$ and $P$ satisfy

$$
-\Delta \psi=P^{\prime}(\psi) \quad \text { in } \Omega
$$

if the following properties hold.
(i) $-\Delta \psi \geqslant 0$ on $\Omega$ in the distribution sense.
(ii) There is an admissible approximation $\left\{P_{l}\right\}$ such that

$$
\lim _{l \rightarrow \infty} \int_{\Omega}\left[-\Delta \psi-P_{l}^{\prime}(\psi)\right] \varphi d x=0
$$

for all $\varphi \in C(\bar{\Omega})$.
Theorem 3.2. Let $\Omega$ be a bounded domain with $C^{1}$ boundary in $\mathbf{R}^{n}$. Let $c$ be a constant. Assume that $P$ is a nondecreasing function on $\mathbf{R}$ and that $P(c)=0$. Assume that $\psi \in W^{1, r}(\Omega)$ for some $r, 1<r<n /(n-1)$, and that $\psi$ satisfies

$$
\begin{align*}
-\Delta \psi & =P^{\prime}(\psi) \quad \text { in } \Omega(\text { in the sense of Definition 3.1) }  \tag{3.11}\\
\psi & =c \quad \text { on } \partial \Omega
\end{align*}
$$

Then

$$
\begin{equation*}
\|\nabla P(\psi)\|_{1} \leqslant 2 P_{\max }^{1 / 2} \mu_{0} I \tag{3.12}
\end{equation*}
$$

where

$$
I=\mu_{0}^{-1} \int_{\Omega}(-\Delta \psi) d x=\mu_{0}^{-1}\|-\Delta \psi\|_{1}
$$

Proof. We may assume $P_{\max }<\infty$. By Definition 3.1(ii) with $\varphi \equiv 1$ we observe that

$$
\left[P^{\prime}(\psi)\right] \leqslant \lim _{l \rightarrow \infty} \int_{\Omega} P_{l}^{\prime}(\psi) d x=\int_{\Omega}(-\Delta \psi) d x=\|-\Delta \psi\|_{1}
$$

since $-\Delta \psi \geqslant 0$. The inequality (2.12) yields (3.12).
Example 3.3. Let $\Omega$ be a unit disk in the plane, i.e.,

$$
\Omega=\left\{x \in \mathbf{R}^{2} ;|x|<1\right\}
$$

For $m>0$ and $0<R<1$ we consider

$$
\psi(x)=\min \{m,-a \log |x|\}, \quad x \in \Omega
$$

Here $a=-m / \log R$, so that $\psi$ is continuous across the circle $|x|=R$. If $P$ is a step function such that

$$
\begin{array}{rlrl}
P(\sigma) & =(a / R)^{2} & & \text { for } \\
& =0 \geqslant m \\
& =0 & & \text { for }
\end{array} \quad \sigma<m
$$

then $\psi$ and $P$ satisfy $-\Delta \psi=P^{\prime}(\psi)$ in $\Omega$ in the sense of Definition 3.1.
Indeed it is easy to see that $\psi \in W^{1, r}(\Omega)$ for some $r, 1<r<\infty$, and that

$$
-\Delta \psi=(a / R) \delta_{R} \quad \text { in } \Omega
$$

where $\delta_{R}$ is the Dirac measure of the circle $|x|=R$, i.e.,

$$
\int_{\Omega} \varphi \delta_{R}=\int_{|x|=R} \varphi d s \quad \text { for } \quad \varphi \in C_{0}^{\infty}\left(\mathbf{R}^{2}\right)
$$

We then seek an admissible approximation $P_{l}$ of $P$ such that Definition 3.1 (ii) holds. Let $f \in C^{1}(\mathbf{R})$ be

$$
\begin{aligned}
f(\sigma) & =1 & & \text { for } \\
& =0 \geqslant 0 & & \text { for }
\end{aligned} \quad \sigma \leqslant-1
$$

such that $f^{\prime} \geqslant 0$. If $P_{l}$ is given by

$$
P_{l}(\sigma)=b f((\sigma-m) l) \quad \text { with } \quad b=(a / R)^{2}
$$

then $P_{l}$ is an admissible approximation satisfying (ii). To see this, we proceed with

$$
\begin{equation*}
\int_{\Omega} P_{l}^{\prime}(\psi) \varphi d x=b \int_{R<|x|<1} l f^{\prime}((-a \log |x|-m) l) \varphi d x, \quad \varphi \in C_{0}^{\infty}(\Omega) \tag{3.13}
\end{equation*}
$$

We observe that

$$
\begin{equation*}
\int_{R}^{1} l f^{\prime}((-a \log r-m) l) d r=\frac{R}{a} \int_{-\infty}^{0} f^{\prime}(\tau) d \tau=\frac{R}{a} \tag{3.14}
\end{equation*}
$$

by the change of variables

$$
\tau=(-a \log r-m) l
$$

Since $l f^{\prime} \geqslant 0$ and the support of the integrand in (3.13) is an annulus shrinking to the circle $|x|=R$ as $l \rightarrow \infty$, applying (3.14) to (3.13) yields

$$
\int_{\Omega} P_{l}^{\prime}(\psi) \varphi d x \rightarrow b \frac{R}{a} \int_{|x|=R} \varphi d s \quad \text { as } \quad l \rightarrow \infty
$$

Since $b=(a / R)^{2}, P_{l}^{\prime}(\psi)$ satisfies (ii).
For this choice of $P$ and $\psi$,

$$
\begin{gathered}
\|\nabla P(\psi)\|_{1}=(a / R)^{2} 2 \pi R \\
P_{\max }=(a / R)^{2}, \quad\|-\Delta \psi\|_{1}=(a / R) 2 \pi R
\end{gathered}
$$

so evidently (3.12) holds. There is a possibility that the constant 2 in (3.12) can be replaced by a smaller number. But, as this example shows, the constant should be greater than or equal to one.

As an application of Theorem 3.2, we compute the beta ratio $\beta$ in (3.10) when $\Omega$ is a two-dimensional bounded domain. We introduce several quantities:

$$
\begin{aligned}
S_{0} & =\text { area of the support of } P(\psi) \text { in } \Omega \\
S^{*} & =\|P(\psi)\|_{1 /} / P_{\max } \\
\alpha & =S^{*} / S_{0} \quad(\leqslant 1)
\end{aligned}
$$

Theorem 3.4. Assume the same hypotheses as Theorem 3.2 concerning $\Omega, c, P$, and $\psi$ with $n=2$. Let $\beta$ be the beta ratio concerning $P$ and $\psi$ satisfying (3.11). Then

$$
\begin{equation*}
\beta \leqslant 8 \pi\left(2 C_{0}\right)^{2} / \alpha=8 / \alpha \tag{3.15}
\end{equation*}
$$

with $C_{0}=1 / 2 \pi^{1 / 2}$, provided that $I$ is finite.
Proof. We may assume $\alpha>0$. By the Hölder inequality and the isoperimetric inequality (see, e.g., refs. 8 and 13) we obtain

$$
\|P(\psi)\|_{1} \leqslant\left(S_{0}\right)^{1 / 2}\|P(\psi)\|_{L^{2}}^{1 / 2} \leqslant\left(S_{0}\right)^{1 / 2} C_{0}\|\nabla P(\psi)\|_{1}
$$

Theorem 3.2 now yields

$$
\begin{aligned}
\|P(\psi)\|_{1} & \leqslant\left(S_{0}\right)^{1 / 2} C_{0} 2 P_{\max }^{1 / 2} \mu_{0} I \\
& \leqslant\left(S_{0} / S^{*}\right)^{1 / 2} 2 C_{0}\|P(\psi)\|_{1}^{1 / 2} \mu_{0} I
\end{aligned}
$$

so that

$$
\|P(\psi)\|_{1} \leqslant\left(2 C_{0} \mu_{0} I\right)^{2} / \alpha
$$

From this follows the desired estimate for $\beta$.
Remark. Concerning the $z$-pinch equilibrium discussed in this section, one has Bennett's pinch relation (see, e.g., ref. 9), i.e., $\beta=1$ for every $P(\psi)$ as far as $\psi=\psi(r)$, where $r=|x|$ is the radial coordinate. This relation is easily derived by integration by parts. We denote by $a$ the radius of the circular plasma cross section, i.e., the radius of the support of $P(\psi(r))$. Since $P(\psi(a))=0$, integrating by parts yields

$$
\begin{equation*}
\int_{0}^{a} \frac{d P(\psi(r))}{d r} r^{2} d r=-\pi^{-1}\|P(\psi)\|_{1} \tag{3.16}
\end{equation*}
$$

On the other hand, by $d P(\psi(r)) / d r=P^{\prime} d \psi / d r$, we have

$$
\begin{align*}
\int_{0}^{a} \frac{d P(\psi(r))}{d r} r^{2} d r & =\int_{0}^{a} P^{\prime}(\psi) \frac{d \psi}{d r} r^{2} d r \\
& =F(a)\left(a \frac{d \psi}{d r}(a)\right)-\int_{0}^{a} F(r)\left(\frac{d}{d r}\left(r \frac{d}{d r} \psi\right)\right) d r \tag{3.17}
\end{align*}
$$

where we define

$$
F(r)=\int_{0}^{r} P^{\prime}(\psi(r)) r d r
$$

Using (1.1), we see that the integrand of the second term on the right-hand side of (3.17) is equal to $d F(r)^{2} / 2 d r$. By (1.3), we obtain

$$
2 \pi \int_{0}^{a}-r^{-1} \frac{d}{d r}\left(r \frac{d}{d r} \psi\right) r d r=2 \pi \int_{0}^{a} P^{\prime}(\psi(r)) r d r=\mu_{0} I
$$

which shows that

$$
F(a)=a \frac{d \psi}{d r}(a)=\frac{\mu_{0} I}{2 \pi}
$$

Comparing (3.16) and (3.17), we obtain

$$
\|P(\psi)\|_{1}=\left(\mu_{0} I\right)^{2} / 8 \pi
$$

which implies $\beta=1$.
In this situation, our estimate (3.15) does not yield the best result, since $\alpha$ can be small for a peaked profile of $P(\psi(r))$. This is because we had to use the Hölder inequality to derive (3.15). Our estimate, however, is useful when we consider a more general configuration.

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